

Grow your career.
Level up for the future.

Certificate in Emotional Intelligence for Leaders

Make the most out of your leadership influence.



Certificate in Emotional Intelligence for Leaders

Emotional Intelligence (EQ) is a set of emotional and social skills that influence the way we perceive and express ourselves, develop and maintain social relationships and cope with challenges during crises. In this unique 2-day program, you'll learn the core EQ competencies of impactful leadership and leave with action plans to enhance performance and productivity in your organization.

Grow your career.
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2-day program



Book this program [online](#)



Certificate in Emotional Intelligence for Leaders

Our highly sought-after leadership EQ program is designed to help current and aspiring leaders adapt positively to pressure, setbacks, and challenges, no matter the situation. Exercise constructive leadership and set the right tone to influence meaningful change for your team.

By achieving and sustaining higher levels of emotional competencies, you'll be able to better define your outcomes as a team leader and take your organization to the next level.

Registration Deadline: You must register at least five days before the start of the program to complete a personnel assessment tool.



2-day program



Book this program [online](#)



Program Highlight



2 Days of Study

Rich learnings in just 2 days of study



Implementation

Applicable tools that aim to build team resilience



Interactive

Hands-on and participatory



Digital Badge

Receive an authentic digital badge from Canada's #1 business school



Program Faculty



Haniyeh Yousofpour

PhD, MBA, PMP, PE Certified

Haniyeh Yousofpour is an award-winning, Harvard-educated business professor and consultant with a passion in organizational change management, influential negotiation and effective utilization of human capital. Yousofpour is a multiple award-winning educator teaching in full-time and part-time Master of Business Administration and Executive Education Programs.

Yousofpour's integrative and distinctive approach, focusing on self and other awareness, and thorough assessment of the environmental and organizational culture, goals, resources and limitations, enables her to provide customized and attainable solutions scalable to diverse range of clients and situations. Building on the same philosophy she has an effective approach to negotiation and conflict resolution and has led multiple negotiation deals with various global organizations (e.g. AMEX, GE, Xerox, Sodexo to name a few) to reduce cost and improve organizational performance.



This program is one I believe all leaders should eventually take. It was as advertised. Very impactful, gave very specific feedback, and allowed us to take realistic action plans back into our organizations.

Jeffrey Correa

Regional Service Manager, GN Johnston
Equipment



Amazing views into building resilience within yourself & in your team. Will definitely utilize these tools in my current & future roles.

Irene Neves

Account Director, Sun Life



This program helped me to identify who I am / aspire to be as a leader. There were some key concepts I was unaware of that will help me to excel.

Shawna Boynton

Digital Channel Manager, GlaxoSmithKline



Schulich
School of Business
Executive Education Centre

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Program Content



Setting the Stage: Understanding EQ in Yourself and Workplace

- Defining the 15 key EQ capabilities of outstanding leaders
- Conducting a scientifically-based emotional intelligence self assessment
- Understanding how you sabotage your own best efforts at personal change
- Conducting your EQ self-assessment to identify strengths and development areas

Self-Awareness and Self-Management Competencies

- Developing advanced awareness of your EQ strengths and growth edges
- Evaluating specific applications of EQ to success in your career – and where to best focus your energy
- Engaging leadership and management

Program Content



Putting the Power of EQ into Coaching, Collaboration and Positive Influence

- Developing a non-anxious leadership presence
- Addressing toxic behaviours in the workplace
- Strategically managing the moods of groups and teams
- Integrating the 15 key EQ skills and competencies into your existing performance assessment framework

Strategic Leadership – Applying EQ to Address Your Workplace Challenges

- Critical thinking skills y Influencing even when you do not have authority
- Supporting the effectiveness and success of your change initiatives
- Responding to the intense emotions that accompany transition and change

Who Will Benefit



Aspiring Leaders

Develop the emotional, personal, and interpersonal skills to reach leadership roles in management, operations, marketing, human resources and more.



Managers

Mid-career leaders across all industries will learn practical tools to build individual and team resilience, and maximize leadership effectiveness in times of change.

Completion Benefits



CERTIFICATE

Schulich ExecEd Program

Certificate

Provided upon completing a longer program that may comprise several badges signifying a more extensive skill set.

After completing the program, you'll receive an authentic digital badge from the #1 business school in Canada that employers will recognize.

As more and more companies look for candidates with specific skills, this badge on your CV will be a credible assurance of your achievements and expertise, allowing the right roles to find you faster.

CONTINUING PROFESSIONAL DEVELOPMENT

PRE-APPROVED

HRPA

14 HRPA-CPD Hours. This program has been approved for CDP hours under Section A of the Continuing Professional Development (CPD) Log of the Human Resource Professionals Association (HRPA). Be sure to note the program ID number on your CPD log. For more information about certification or continuing professional development, visit the HRPA website at www.hrpa.ca/hrdesignations_/Pages/Continuing-Professional-Development.aspx

Why a Certificate at Schulich ExecEd?

There will no longer be a single transition from graduation to work in one's life.

Because few of us have the same job for life, we constantly have to re-invent ourselves, learn new skills and adapt to the changing marketplace and business environment. Today's professionals and executives must be able to quickly develop and fine-tune personal business skills to adapt and grow.

We are #1 Business School in the country

We have the privilege of being ranked #1 and teaching top students from around the world.

Our Program is Unique

Distinction from growing competition in the job market.

We Provide a Combination of Skill Specialization & Range

Deepen your current skills and acquire new ones.



About Schulich ExecEd

At Schulich ExecEd, the professional development arm of the world class Schulich School of Business, all our programs are non-degree, mid-career acclaimed qualification that employers recognize and that you can add to your CV.

We provide:

- Short programs that build an individual business' skill and have industry recognized credentials for that skill
- Certificate programs build a wider skill set with a number of key skills
- Masters Certificates are an intense dive into Leadership, Management or specific Business skillsets. This is our highest mid-career professional development business school certification

Key Stats:

- Ranked #1 business school in Canada
- Ranked #12 in global MBA ranking
- Educated over 80,000 professionals across the world.
- Delivered over 4,000 programs virtually and in-person
- 96% of our graduates used knowledge or skills from the program on the job
- 87% of our graduates reported improved job performance
- Worked with over 500 companies worldwide

Over 450 leading faculty in areas of management, leadership, communications, finance, marketing, business development and strategy





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